

42nd Tolo Harbour Canoe Race (2015)



Leisure and Cultural
Services Department
Subventor



The Outward Bound (Alumni)
Association of Hong Kong
Organizer



Hong Kong
Canoe Union
Co-organizer

1. Aims : (a) To promote the Outward Bound Spirit – To serve, to strive and not to yield;
(b) To promote the sport of canoeing; and
(c) To enable participants to develop their own personal faith and potential.
2. Date & Time : 18th October, 2015 (Sunday) 8:45a.m. to 5:00p.m.
3. Venue : Tai Mei Tuk Water Sports Center, Tai Po, N.T.
4. Qualification : (a) Participants must be a holder of Elementary / 3-Star Certificate or above issued by the Hong Kong Canoe Union, aged 14 or above (except for child member in the Family Race who must be between 8 – 13 years of age and holder of Starfish Award or above) and be able to swim 50m with clothes.
(b) All non-organizer's canoe group participants are free to use any kind of canoes (or kayaks as hereunder), except the "Sit-on-Top" or "Surf-Ski" type.

5. Events:

Singles (without rudder) (15km)	Elementary (21km)	Veteran (21km)	Advanced (21km)	Relay (3 Leg 15km)	Family Race (5km)
[01] Boys [02] Girls [03] Men's [04] Women's [05] Organizer's Canoes (No Sex limit)	[06] Boys' Singles [07] Girls' Singles [08] Men's Singles [09] Men's Doubles [10] Women's Singles [11] Women's Doubles [12] Mixed Doubles	[13] Men's Singles [14] Women's Singles	[15] Men's Singles [16] Men's Doubles [17] Women's Singles [18] Women's Doubles [19] Mixed Doubles	[20] Private Canoes (No sex limit) [21] Organizer's Canoes (No sex limit)	[22] Private Canoes (No sex limit) [23] Organizer's Canoes (No sex limit)

- Remarks: (a) An event will be cancelled if the number of canoes/kayaks enrolled is less than 3.
(b) If enrollment of Organizer's Canoe Groups (Elementary and Relay) exceeds the quota as determined by the Organizer, places will be allocated on a first come first served basis
(c) For Organizer's Canoe Groups (Family Race), if the number of enrollment exceeds the number of canoes to be provided by the Organizer, places will be allocated by drawing lots.

6. Reporting time: All participants **MUST** report to the registration counter on 8:30a.m. on the Race Day. Checking of personal equipment and canoes will commence by 8:45a.m.
7. Starting time: 10:30a.m.
8. Entry fee: (a) \$60 per single canoe, \$80 per double canoe, \$120 per relay team
(b) Organizer's Canoes Groups will be charged an extra canoe rental fee as follows:-
(i) Singles for 15km, Relay Race: \$120; (ii) Doubles for Family Race : \$75 .

9. Trophies : (a) Each event will be awarded with a Champion, a 1st runner-up and a 2nd runner-up prize. If the number of canoes participating in a given event is three, only two prizes, namely, the Champion and the 1st runner-up, will be awarded.
- (b) Overall Champion will be awarded to the organization scoring the highest points as follows :-

No. of Participating canoes:	3-4		5-6	7 or more	
Positions counted with scores:	1st & 2 nd positions		1st, 2nd & 3 rd positions	First 5 positions	
Scores:	1st - 6 points	2nd - 4 points	3rd - 3 points	4th - 2 points	5th - 1 point

Remarks : In case there is a tie, the organization attaining more number of higher positions shall be the winner.

10. Participants can enroll in the race as an individual or as a member of an organization.
11. Enrollment Form: To obtain the Enrollment Forms and Regulations, please send a self-addressed stamped envelop to “The Outward Bound (Alumni) Association of Hong Kong” at GPO Box 2171, H.K.’, or download from website <http://www.obaahk.org>, or <http://www.hkcucanoe.com.hk>. Hard copy is also available at District Offices and Water Sports Centers of Leisure and Cultural Services Department or the Hong Kong Canoe Union. Photo-copies of the enrollment form are acceptable.
12. Enrollment: Please send the completed “Individual Enrollment Form” and the followings to “G.P.O. Box 2171, Hong Kong”, marked with ‘Tolo Harbour Canoe Race’ on the envelop:
- Copies of certificates issued by The Hong Kong Canoe Union;
 - Enrollment made through a club/s or sports association/s (Group Entry) need not submit copy of certificate to the organizing committee, but the Club or Association concerned is responsible for ascertaining and verifying the qualifications and competency of their competitors for the Race;
 - A signed declaration;
 - Declaration of participants aged below 18 MUST be signed by their Parents or Legal Guardians;
 - A crossed cheque payable to “OB(A)A Ltd”; postdated cheque will not be accepted. All fees collected are non-refundable unless the Race is officially cancelled; and
 - One self-addressed stamped envelop (for requesting receipt).
13. Participant’s medical certificate or proof of insurance may be required if the Organizer deems necessary.
14. Deadline: 13th September 2015 (Sunday). Late applications will not be accepted.
15. Team Leaders’ Meeting: To be held at 7:30 p.m. on 7th October 2015 (Wed) at Olympic House, 1 Stadium Path, So Kon Po, Causeway Bay, Hong Kong. Representatives of organizations and individual participants are advised to attend the meeting
16. Enquiries : thcr@obaahk.org.

Relay Race

- Type : Single with private canoe group and organizer’s canoe group
- No. of participants : 3 persons in 3 legs, no sex or sequence limit
- Area : Within designated area for relay passing and racing
- Distance: 15km(5 km per leg) , round Tai Mei Tuk and Pak Sha Tau Tsui

Family Race

- Type : Double private canoe group and organizer’s canoe group (Organizer will provide “Sit-on-top” Doubles);
- No. of participants : 2 persons (adult and child respectively), no sex limit, child member must be between 8-13 years of age and race together with a parent or legal guardian in the same canoe
- Area : Within designated area for racing
- Distance : 5 km, round Tai Mei Tuk and Pak Sha Tau Tsui

Route Maps

15km

(Route: A -> B -> C -> A)



21km

(Route: A ->B ->C ->D ->A)



Relay (Route: A ->B -> A x 3 times)
& Family (Route: A ->B -> A)



Source of map: Lands Department, 1:200 000 - HM200L/C 2008

Rules, Regulations and Safety Instructions of the Race

1. Participants must be aged 14 or above (except for child member in the Family Race who must be between 8 – 13 years of age) on the Race day. For participants aged below 18, **Parent/Legal Guardian's** declared agreement with signature on the enrollment form is a **must**.
2. Participants must be holders of 3-Star Award, Elementary Certificate or above issued by the Hong Kong Canoe Union (except for child member of the Family event, who must be between 8 – 13 years of age and a holder of Starfish Award or above).
3. Any person who wants to use a canoe/kayak **with rudder** on the Race day must possess an Elementary Racing Kayak Certificate or above. Participants **must** submit copies of the documents for verification in submitting their enrollments. Using a canoe/kayak with rudder on the Race day without prior notification during enrollment will be banned from taking part in the Race.
4. (a) Participants of Elementary events must **NOT** in years **2012, 2013 and 2014** -
 - (i) have been a Champion, 1st Runner-up or 2nd Runner-up in the Hong Kong Open Canoeing Marathon, or the Tolo Harbour Canoe Race (except Youth, Relay and Family events), or the Sai Kung Long Distance Canoeing Championship, regardless of whether the events in which such prizes were achieved were Singles or Doubles events; or
 - (ii) have represented Hong Kong to participate in any International/National canoeing competitions.
 (b) For the Youth events, participants must be below 18 on the Race day.
 (c) For Veteran events, participants must be aged above 40 on the Race day.
5. Participants must be able to swim at least 50m with clothes.
6. Participants of the Organizer's canoe groups (15km and Relay) **SHOULD** use the designated canoes, paddles and life jackets as provided by the Organizer. Others are required to provide their owns.
7. All participants **MUST** put on and carry the following equipment during the Race:
 - (a) a standard life jacket or buoyancy aid;
 - (b) a pair of rubber shoes protecting toes and ankles (slipper or sandal is not allowed); and
 - (c) a whistle
8. All participants' equipment **MUST** be inspected by an Organizer's official. Those pass the inspection will be given a specific label signifying their eligibility to participate in the Race. Failing to get the label will be disqualified from participating in the Race.
9. If Typhoon signal No. 3 or above or Red Rain Storm signal is hoisted at 7:00 a.m. on the Race day, the Race will be cancelled. For inclement weather, the Organizer reserves the right to cancel the Race or change the routes.
10. Participants will be disqualified, and no racing time will be given, in either of the following situations:
 - (a) Violate the Race regulation(s) of the Organizer;
 - (b) Do not report to checkpoint officials during the course of the Race;
 - (c) Take-off the life jacket or buoyancy aid during the course of the Race;
 - (d) Do not complete the Race according to the designated route; and
 - (e) Fail to reach the following checkpoints at the following designated times:

Checkpoint	15km	21km	Relay	Family
Tai Mei Tuk (start point)	10:30	10:30	10:45	10:45
Lai Chung (check point)	12:00	11:45	-----	-----
Sam Chung (check point)	13:30	-----	-----	-----
Lai Chi Chong (check point)	-----	13:15	-----	-----
Lo Fu Wat (check point)	-----	14:00	-----	-----
Tai Mei Tuk (finish point)	15:00	15:00	15:00	13:00

- (f) If an Organizer's official judges that a participant's physical condition may not be able to finish the Race, or his/her continuation of the Race will endanger his/hers or other persons' safety, or his/her continuation in the Race will delay the whole Race, the official can order the participant(s) to stop the race immediately and board the escort boat.
- (g) The Organizer reserves the right to disqualify a participant from competing in the Race.
- (h) Participants must go to the registration counter **personally** to "sign on" **and** "sign off" before **and** after the Race.

11. The Organizer reserves the ultimate right to cancel the Race or change the routes of the Race at its sole discretion.
12. Participants have the right to appeal. Any appeal should be in writing and submitted to the Appeal Committee of the Organizer together with a fee of \$500. The fee will be refunded only if the appeal is upheld.
13. The above is a brief introduction of the racing rules. All rules will be based on the Competition Rules of the International Canoe Federation.
14. All participants must keep the venue and sea clean. Littering is prohibited.
15. Any changes to these rules will be announced and updated in the Leaders' Meeting.
16. The Organizer reserves the rights of alteration and interpretation of the above rules.